Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit 1.

0 = I can't do this at all. 3 = I can do this fairly well. 1 = I can do this with a lot of help from my teacher. 4 = I can do this really well.

2 = I can do this a little. 5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.	
Listening	
I can understand a description of a typical English family. (1A, p7)	0 1 2 3 4 5
• I can understand specific information in a conversation about a photograph. (1B, p8)	0 1 2 3 4 5
I can understand and write down phone numbers. (1D, p12)	0 1 2 3 4 5
I can understand answering machine messages. (1D, p13)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
I can find specific information in a magazine article. (1A, p6)	0 1 2 3 4 5
• I can understand the main points in a magazine article. (1C, p10)	0 1 2 3 4 5
• I can find the most important information in newspaper advertisements. (1D, p13)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can ask and answer questions about family. (1A, p7)	0 1 2 3 4 5
I can ask and answer questions about friends. (1B, p8 & 9)	0 1 2 3 4 5
I can ask and answer questions about neighbours. (1C, p10)	0 1 2 3 4 5
I can discuss who would be a good neighbour. (1C, p11)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can talk about people who are important to me. (1A, p6)	0 1 2 3 4 5
I can describe a typical family in my country. (1A, p7)	0 1 2 3 4 5
I can talk about the qualities of a true friend. (1B, p8)	0 1 2 3 4 5
I can describe someone in a photograph. (1B, p8)	0 1 2 3 4 5
I can talk about the last three phone calls that I made. (1D, p12)	0 1 2 3 4 5
I can give someone my phone number. (1D, p12)	0 1 2 3 4 5
I can leave a message on an answering machine. (1D, p13)	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	0 1 2 3 4 5
I can use the present simple and past simple to ask questions. (1A, p7/1B, p9)	0 1 2 3 4 5
I can use verb collocations to ask questions about friendship. (1B, p8)	0 1 2 3 4 5
I can use <i>how</i> and <i>what</i> with other words to make questions. (1C, p9)	0 1 2 3 4 5
I can pronounce and understand letters in the alphabet. (1C, p11)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a personal message for a website.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in Unit 2.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher. 4 = I can do this really well.

2 = I can do this a little. 5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.

In the space provided you can add extra activities you did in class or at home.	
Listening	
I can understand people talking about their school days. (2A, p16)	0 1 2 3 4 5
 I can understand specific information in a conversation about a language course. (2D, p23) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
 I can understand the main ideas of each paragraph in a magazine article. (2B, p18) 	0 1 2 3 4 5
 I can find facts to support ideas in a magazine article. (2B, p18) 	0 1 2 3 4 5
• I can understand messages on an internet discussion group webpage. (2C, p20)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can have a discussion about schools in my town. (2B, p18)	0 1 2 3 4 5
I can have a discussion about parent-child relationships. (2C, p21)	0 1 2 3 4 5
I can discuss and decide what prize to choose in a competition. (2D, p22)	0 1 2 3 4 5
I can ask for information in an evening school. (2D, p23)	0 1 2 3 4 5
I can discuss the use of English in my country. (2D, p23)	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can talk about my experience of school. (2A, p16)	0 1 2 3 4 5
I can talk about a favourite school teacher. (2A, p17)	0 1 2 3 4 5
I can compare schools in my country now and in the past. (2B, p19)	0 1 2 3 4 5
• I can describe a picture. (2C, p21)	0 1 2 3 4 5
 I can describe an embarrassing experience. (2C, p21) 	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
• I can use adjectives with prepositions to talk about my school days. (2A, p16)	0 1 2 3 4 5
I can use the past simple to talk about my education. (2A, p16)	0 1 2 3 4 5
• I can use used to to talk about schools in my country in the past. (2B, p19)	0 1 2 3 4 5
• I can use the past simple and past continuous to describe a past experience.	0 1 2 3 4 5
(2C, p21)	
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a story.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit 3.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher. 4 = I can do this really well. 2 = I can do this a little. 5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.	
Listening	
• I can understand two friends talking about their home life. (3A, p26)	0 1 2 3 4 5
I can guess the meaning of phrases in a conversation. (3A, p26)	0 1 2 3 4 5
I can understand and follow directions. (3D, p33)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	•
 I can understand how a magazine article is structured by putting back missing sentences. (3B, p28) 	0 1 2 3 4 5
I can guess the meaning of words in an article. (3B, p28)	0 1 2 3 4 5
I can use a webpage to find information about places. (3C, p31)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can ask and answer questions about my home life. (3A, p26)	0 1 2 3 4 5
• I can discuss problems with flatmates and find a solution to them. (3A, p27)	0 1 2 3 4 5
I can have a discussion about emigrants from my country. (3B, p29)	0 1 2 3 4 5
I can discuss and compare towns I know. (3C, p31)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can say what I know about the United Kingdom. (3B, p29)	0 1 2 3 4 5
I can describe a town in my country. (3D, p32)	0 1 2 3 4 5
I can give directions. (3D, p33)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
I can use countable and uncountable nouns. (3A, p27)	0 1 2 3 4 5
 I can use some, many and most to make sentences about my life and my country. (3B, p29) 	0 1 2 3 4 5
 I can use quantifiers to talk about towns and cities. (3C, p31) 	0 1 2 3 4 5
I can use prepositions to give directions. (3D, p33)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a tourist guide for my town.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit 4.

5 = I can do this almost perfectly.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher. 4 = I can do this really well.

2 = I can do this a little.

In the space provided you can add extra activities you did in class or at home.	,
Listening	
I can understand the main events in a description of a film. (4C, p40)	0 1 2 3 4 5
I can understand general and specific information in phone conversations.	0 1 2 3 4 5
(4D, p42)	
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
• I can understand and complete a relationships quiz. (4A, p37)	0 1 2 3 4 5
 I can understand the main opinions in a magazine article. (4B, p38) 	0 1 2 3 4 5
 I can understand how a magazine article is structured by putting back missing sentences. (4B, p38) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can ask and answer questions about my daily routine. (4A, p36)	0 1 2 3 4 5
I can have a discussion about marriage. (4B, p39)	0 1 2 3 4 5
 I can invite someone to go out and make suggestions about where to go. (4D, p43) 	0 1 2 3 4 5
I can have a discussion about dating rules in my country. (4D, p43)	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can describe a wedding I have been to. (4B, p38)	0 1 2 3 4 5
I can talk about wedding traditions in my country. (4B, p39)	0 1 2 3 4 5
 I can create and perform a short film dialogue. (4C, p40) 	0 1 2 3 4 5
 I can talk about the relationships of people I know. (4C, p41) 	0 1 2 3 4 5
I can retell the story of a film. (4C, p41)	0 1 2 3 4 5
 I can describe an imaginary date with a famous person. (4D, p42) 	0 1 2 3 4 5
Language quality	
• I can use the present simple to ask and answer questions about daily life. (4A, p36)	0 1 2 3 4 5
I can use adverbs of frequency to talk about how often I do things. (4A, p36)	0 1 2 3 4 5
 I can use the present continuous to describe and ask questions about a picture. (4B, p39) 	0 1 2 3 4 5
I can use the present simple and prepositions of time to talk about life in my country. (4D, p43)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write an email to a friend giving personal news.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit 5. 0 = I can't do this at all. 3 = I can do this fairly well. 1 = I can do this with a lot of help from my teacher. 4 = I can do this really well. 2 = I can do this a little. 5 = I can do this almost perfectly. In the space provided you can add extra activities you did in class or at home. Listening • I can understand general and specific information in a radio programme about a 0 1 2 3 4 5 hotel. (5B, p48) • I can understand general and specific information in conversations at the airport. 0 1 2 3 4 5 1 2 3 4 5 2 0 1 3 4 5

•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
I can check facts in an article. (5A, p46)	0 1 2 3 4 5
• I can understand the arguments in an article for and against a proposal. (5A, p46)	0 1 2 3 4 5
 I can understand the main idea of a short magazine article. (5B, p49) 	0 1 2 3 4 5
 I can use a webpage to find information about holidays. (5C, p50) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can discuss and decide what things to take on a trip. (5A, p47)	0 1 2 3 4 5
 I can discuss and plan how to improve my town for tourists. (5A, p47) 	0 1 2 3 4 5
I can make and respond to requests in a hotel. (5B, p49)	0 1 2 3 4 5
 I can plan a visit for some friends from another county. (5C, p51) 	0 1 2 3 4 5
 I can make and respond to requests on a plane. (5D, p53) 	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
	0 4 0 0 4 5
I can talk about tourists in my country. (5A, p46)	0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) 	0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) 	0 1 2 3 4 5 0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) 	0 1 2 3 4 5 0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) 	0 1 2 3 4 5 0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) 	0 1 2 3 4 5 0 1 2 3 4 5 0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) I can use <i>going to</i> and the present continuous to talk about future plans. (5A, p47) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) I can use <i>going to</i> and the present continuous to talk about future plans. (5A, p47) I can use <i>will</i> to respond to questions and problems. (5B, p49) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) I can use <i>going to</i> and the present continuous to talk about future plans. (5A, p47) I can use <i>will</i> to respond to questions and problems. (5B, p49) I can use verb patterns to talk about a holiday. (5C, p51) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) I can use <i>going to</i> and the present continuous to talk about future plans. (5A, p47) I can use <i>will</i> to respond to questions and problems. (5B, p49) I can use verb patterns to talk about a holiday. (5C, p51) 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) I can use <i>going to</i> and the present continuous to talk about future plans. (5A, p47) I can use <i>will</i> to respond to questions and problems. (5B, p49) I can use verb patterns to talk about a holiday. (5C, p51) I can use verb patterns to talk about a holiday. 	0 1 2 3 4 5 0 1 2 3 4 5
 I can describe a hotel I have stayed in. (5B, p48) I can talk about famous hotels in my country. (5B, p49) I can describe what is happening in pictures. (5D, p52) I can describe a journey I have been on. (5D, p52) Language quality I can use compound nouns to describe objects. (5A, p47) I can use going to and the present continuous to talk about future plans. (5A, p47) I can use will to respond to questions and problems. (5B, p49) I can use verb patterns to talk about a holiday. (5C, p51) Writing (in the Workbook) 	0 1 2 3 4 5 0 1 2 3 4 5

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in Unit 6.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher. 4 = I can do this really well.

2 = I can do this a little. 5 = I can do this almost perfectly.

	ouy.
In the space provided you can add extra activities you did in class or at home.	
Listening	
• I can understand general and specific information in a radio interview about food in Italy. (6B, p58)	0 1 2 3 4 5
I can understand specific information in a phone conversation about making a reservation. (6D, p63)	0 1 2 3 4 5
I can understand a conversation in a restaurant. (6D, p63)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
I can check facts in a book review. (6A, p56)	0 1 2 3 4 5
I can answer a lifestyle questionnaire. (6B, p58)	0 1 2 3 4 5
I can understand the main ideas in a magazine article. (6C, p60)	0 1 2 3 4 5 0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can discuss and plan an idea for a 'theme' restaurant. (6A, p57)	0 1 2 3 4 5
I can discuss and compare answers to a lifestyle questionnaire. (6B, p58)	0 1 2 3 4 5
 I can ask and answer questions about drinks. (6C, p60) 	0 1 2 3 4 5
 I can have a discussion about big food chains. (6C, p61) 	0 1 2 3 4 5
 I can make a reservation in a restaurant. (6D, p63) 	0 1 2 3 4 5
 I can order a meal in a restaurant. (6D, p63) 	0 1 2 3 4 5
Spoken production	
I can talk about traditional food in my country. (6B, p58)	0 1 2 3 4 5
I can talk about restaurants in my town. (6D, p62)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
I can use modifiers to talk about places to eat out in my town. (6A, p57)	0 1 2 3 4 5
I can use adjectives to describe things. (6B, p59)	0 1 2 3 4 5
 I can use comparatives to talk about food in my country. (6B, p59) 	0 1 2 3 4 5
 I can use superlatives to talk about places where you can go for a drink. (6C, p61) 	0 1 2 3 4 5
I can use emphatic stress to correct information. (6D, p63)	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a review of a restaurant.	0 1 2 3 4 5
	1040045

Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit X.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher. 4 = I can do this really well.

2 = I can do this a little. 5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.	
Listening	
I can understand general and specific information in a radio chat show. (7A, p66)	0 1 2 3 4 5
I can understand a conversation in a recruitment agency. (7D, p72)	0 1 2 3 4 5
I can understand practical advice about how to find a job. (7D, p73)	0 1 2 3 4 5
• I can understand and write down email and website addresses. (7D, p73)	0 1 2 3 4 5
•	0 1 2 3 4 5
	0 1 2 3 4 5
Reading	
I can understand the main events in a magazine article. (7B, p68)	0 1 2 3 4 5
• I can understand the main ideas in a magazine article. (7C, p70)	0 1 2 3 4 5
I can understand descriptions of people in a horoscope. (7C, p71)	0 1 2 3 4 5
• I can understand the main details of a curriculum vitae. (7D, p72)	0 1 2 3 4 5
•	0 1 2 3 4 5
.	0 1 2 3 4 5
Spoken interaction	
• I can have a discussion about unemployment in my country. (7B, p68)	0 1 2 3 4 5
I can have a discussion about salaries in my country. (7B, p69)	0 1 2 3 4 5
• I can have a discussion about the qualities needed for jobs. (7C, p71)	0 1 2 3 4 5
I can ask for and give advice about careers. (7D, p73)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can describe a job. (7A, p66)	0 1 2 3 4 5
I can talk about people I know and their jobs. (7A, p66)	0 1 2 3 4 5
I can describe a typical day. (7B, p69)	0 1 2 3 4 5
• I can talk about finding a job in my town. (7D, p72)	0 1 2 3 4 5
 I can say email and website addresses. (7D, p73) 	0 1 2 3 4 5
ı •	0 1 2 3 4 5
Language quality	
• I can use the present perfect simple to talk about my experiences. (7A, p67)	0 1 2 3 4 5
• I can use verb collocations to talk about my experiences of work. (7B, p68)	0 1 2 3 4 5
I can use already & yet to talk about my experiences. (7C, p70)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a letter of application.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in Unit 8.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher.
2 = I can do this a little.
4 = I can do this really well.
5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.

In the space provided you can add extra activities you did in class or at home.	
Listening	
• I can understand the main topics of people talking about the future. (8A, p77)	0 1 2 3 4 5
 I can understand specific information in a radio programme about space tourists. (8B, p78) 	0 1 2 3 4 5
 I can understand radio advertisements about gadgets. (8C, p80) 	0 1 2 3 4 5
 I can follow instructions for sending an email. (8D, p82) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
I can understand in detail a conference programme. (8A, p76)	0 1 2 3 4 5
 I can understand different opinions in a magazine article. (8C, p80) 	0 1 2 3 4 5
 I can understand how a magazine article is structured by putting back missing phrases. (8C, p80) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can give my opinion about gadgets on a website. (8C, p80)	0 1 2 3 4 5
• I can ask and answer questions about computers and the internet. (8D, p82)	0 1 2 3 4 5
I can ask and answer questions about computer games. (8D, p83)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can talk about science fiction films. (8A, p76)	0 1 2 3 4 5
I can talk about a topic for thirty seconds without stopping. (8A, p77)	0 1 2 3 4 5
 I can describe the personal qualities of someone I know. (8B, p79) 	0 1 2 3 4 5
 I can give instructions for how to use a computer programme. (8D, p83) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
• I can use may, might & will to make predictions about the future. (8A, p77)	0 1 2 3 4 5
• I can use maybe, probably & certainly to talk about future possibilities. (8B, p79)	0 1 2 3 4 5
I can use adjectives with infinitives to give opinions. (8C, p81)	0 1 2 3 4 5
I can use the present tense in future time clauses to talk about expectations. (8C,	0 1 2 3 4 5
p81)	
I can understand the vocabulary of computer actions. (8D, p83)	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a note giving instructions.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in Unit 9.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher. 4 = I can do this really well.

2 = I can do this a little. 5 = I can do this almost perfectly. In the space provided you can add extra activities you did in class or at home.

In the space provided you can add extra activities you did in class or at home.	
Listening	
I can understand specific information in a radio programme about entertainment in London. (9A, p86)	0 1 2 3 4 5
I can understand dates on a concert programme booking line. (9D, p92)	0 1 2 3 4 5
I can understand phone conversations with a box office assistant. (9D, p93)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
I can understand the main idea of each paragraph in a magazine article. (9B, p88)	0 1 2 3 4 5
I can find specific information in a magazine article. (9B, p89)	0 1 2 3 4 5
I can find a connection between two ideas in a magazine article. (9C, p90)	0 1 2 3 4 5
I can find specific information in a magazine article. (9C, p90)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can have a discussion about the favourite leisure activities of people in my country. (9A, p87)	0 1 2 3 4 5
I can ask and answer questions about TV programmes. (9B, p88)	0 1 2 3 4 5
I can discuss and plan an idea for a TV programme. (9B, p89)	0 1 2 3 4 5
I can ask and answer questions about films. (9C, p90)	0 1 2 3 4 5
I can perform a short dialogue from a film. (9C, p91)	0 1 2 3 4 5
I can book tickets for a show on the phone. (9D, p93)	0 1 2 3 4 5
Spoken production	
I can talk about what kind of entertainment I like. (9A, p86)	0 1 2 3 4 5
I can describe a concert I have been to. (9D, p93)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
• I can use -ing and -ed adjectives to give my opinion of events and places. (9A, p87)	0 1 2 3 4 5
I can use the passive to describe a TV show. (9B, p89)	0 1 2 3 4 5
I can use the past simple passive to give facts about famous films. (9C, p91)	0 1 2 3 4 5
I can pronounce dates. (9D, p92)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	1012070
I can write a review of a film.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit 10.

0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher.
2 = I can do this a little.
4 = I can do this really well.
5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.	·
Listening	
• I can understand the main ideas in a sports news programme. (10C, p100)	0 1 2 3 4 5
I can understand two conversations at the doctor's. (10D, p102)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
• I can find reasons for a point of view in a magazine article. (10A, p96)	0 1 2 3 4 5
• I can understand the main ideas in a magazine article about stress. (10B, p98)	0 1 2 3 4 5
I can find specific information in a magazine article. (10B, p98)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	•
I can have a discussion about pets. (10A, p96)	0 1 2 3 4 5
I can ask and answer questions to guess an animal. (10A, p97)	0 1 2 3 4 5
I can have a discussion about stress and what causes it. (10B, p99)	0 1 2 3 4 5
I can have a discussion about sport in my country. (10C, p101)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	•
• I can talk about sports and fitness. (10C, p100)	0 1 2 3 4 5
I can talk about my health. (10D, p102)	0 1 2 3 4 5
I can describe to the doctor how I feel. (10D, p103)	0 1 2 3 4 5
I can tell a 'doctor-doctor' joke. (10D, p103)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
 I can use the present perfect to talk about how long I have done something. (10A, p97) 	0 1 2 3 4 5
• I can decide if I need to use the present perfect or the past simple. (10B, p99)	0 1 2 3 4 5
I can use been and gone correctly. (10C, p101)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a story.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0-5 for each statement to express how well you can carry out the following skills practised in Unit 11. 0 = I can't do this at all. 3 = I can do this fairly well.

1 = I can do this with a lot of help from my teacher.2 = I can do this a little. 4 = I can do this really well.

5 = I can do this almost perfectly.

2 = I can do this a little. $5 = I$ can do this almost per	rfectly.
In the space provided you can add extra activities you did in class or at home.	
Listening	
I can understand people talking about favourite possessions. (11A, p106)	0 1 2 3 4 5
I can understand specific information in short conversations. (11A, p107)	0 1 2 3 4 5
I can understand specific information in a conversation in a shopping mall.	0 1 2 3 4 5
(11D, p112)	
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	•
I can understand the main ideas in a newspaper report. (11B, p108)	0 1 2 3 4 5
I can check facts in a newspaper report. (11B, p108)	0 1 2 3 4 5
I can understand the main events in a magazine article. (11C, p110)	0 1 2 3 4 5
I can find specific information in a tourist brochure. (11C, p111)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can have a discussion about clothes. (11B, p108)	0 1 2 3 4 5
I can ask and answer questions about shopping for clothes. (11D, p112)	0 1 2 3 4 5
I can ask and answer questions in a clothes shop. (11D, p113)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can describe a favourite object. (11A, p106)	0 1 2 3 4 5
I can use paraphrasing to describe an object. (11A, p107)	0 1 2 3 4 5
I can describe what someone is wearing. (11B, p108)	0 1 2 3 4 5
 I can prepare and give a presentation about a shopping area in my town. (11C, p111) 	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
 I can use infinitives of purpose to talk about objects and what I use them for. (11A, p107) 	0 1 2 3 4 5
 I can use modals of obligation to talk about rules where I work or study. (11B, p109) 	0 1 2 3 4 5
• I can use past modals of obligation to talk about my life as a child. (11C, p111)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write a description of my favourite possession.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in Unit 12.

0 = I can't do this at all.
1 = I can do this with a lot of help from my teacher.
3 = I can do this fairly well.
4 = I can do this really well.

2 = I can do this a little. 5 = I can do this almost perfectly.

In the space provided you can add extra activities you did in class or at home.

In the space provided you can add extra activities you did in class or at home.	
Listening	
I can understand specific information in a news report. (12A, p117)	0 1 2 3 4 5
I can understand information about languages. (12C, p120)	0 1 2 3 4 5
• I can understand different opinions in conversations about global issues.	0 1 2 3 4 5
(12D, p123)	
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Reading	
 I can understand how an email is structured by putting back missing phrases. (12B, p118) 	0 1 2 3 4 5
• I can understand the main ideas in a magazine article. (12C, p121)	0 1 2 3 4 5
• I can check facts in a magazine article. (12C, p121)	0 1 2 3 4 5
• I can understand newspaper headlines. (12D, p122)	0 1 2 3 4 5
• I can understand a leaflet. (12D, p123)	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken interaction	
I can have a discussion about famous explorers. (12A, p116)	0 1 2 3 4 5
I can ask and answer questions about festivals. (12B, p118)	0 1 2 3 4 5
I can have a discussion about global issues. (12D, p122 & 123)	0 1 2 3 4 5
I can agree and disagree with someone. (12D, p123)	0 1 2 3 4 5
I can have a discussion about charities. (12D, p123)	0 1 2 3 4 5
•	0 1 2 3 4 5
Spoken production	
I can describe my journey from home to school. (12A, p116)	0 1 2 3 4 5
I can describe a 'round the world' trip. (12A, p117)	0 1 2 3 4 5
I can describe a festival I've been to. (12B, p119)	0 1 2 3 4 5
I can talk about the use of English in my town. (12C, p120)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
I can use prepositions of movement to describe my journey home. (12A, p116)	0 1 2 3 4 5
I can use relative clauses to give extra information. (12B, p119)	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5
Writing (in the Workbook)	
I can write an opinion composition.	0 1 2 3 4 5
•	0 1 2 3 4 5
•	0 1 2 3 4 5